



ALEXANDER MACKENZIE HIGH SCHOOL INTERNATIONAL BACCALAUREATE

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IB Newsletter - Alexander Mackenzie High School

December 2023

Dear Parents/Guardians:

Hope this newsletter finds you well.

- Maybe you have heard of the term “Learner Profile”. Learner Profile is a set of 10 attributes which all members of the IB community (students, teachers and leaders) should be encouraged to develop. **Here is the [link to a brief presentation about Learner Profile](#).**
- **We have a tiny task for you.** After reading the slides, think of 3 attributes that you think your child would need the most, and have a brief conversation with your child about how to further develop in these 3 attributes.
- As December and January are approaching, students may start feeling the tension and pressure from various deadlines and assessments. Indeed, we, as educators, totally understand that students (especially for DP1 and DP2 students) have so much on their plates. However, the nature of DP curriculum is designed to be rigorous and intensive, such that students will have a smooth transition to any postsecondary institution. Teachers have coordinated with each other and we have tried our best to spread out the major assessment tasks (e.g. Internal Assessments, Extended Essays, etc.) such that students won't be working on multiple major tasks at once.
- Thanks Kalindi (one of our IB parents) for sharing some [Mental Health Tips](#) with us, let me share that with you all. It may be useful for your child or even for parents.
- A quick survey has been sent to all Gr. 9 students about Group 3 subject options in the future. If you are a parent of Gr. 9 preparatory year at AMHS, feel free to look at the survey with your child together.
- We believe building strong communications with parents is essential in supporting our IB students throughout the years. In particular, if there is something you would like us to include in this monthly newsletter, or if there are any specific suggestions for our IB program, [please let us know here](#).

Thank you for your attention and continued support of the IB Programme at AMHS. If there are any specific questions about the IB program, please contact us directly.

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